

Lahser High School Athletic Facts 2009-2010

Athletic Department Administrative Staff

Avis Najor	Athletic Coordinator	(248) 341-5760
Sue Hertle	Athletic Secretary	(248) 341-5702
Jenna Perkins	Athletic Trainer	(248) 561-2739
Mike Cowdrey	District Athletic Director	(248) 341-6406

Website Address: <http://lahser.bloomfield.org>

Practice Starting Dates — 2008-2009 School Year

Start Date	Head Coach/Phone/ E-mail		Start Date	Head Coach/Phone/ E-mail
Fall Sports				
Women's			Men's	
Cheerleading	August 12 Nicole Smith /(586) 925-3661 nlsmith2@oakland.edu	Soccer (F)	August 12	Douglas MacAulay /(248) 499-6380 dougiemacaulay@hotmail.com
C. Country	August 12 Nick Stration /(248) 722-9994 nstration@prodigy.net	C. Country	August 12	Nick Stration /(248) 722-9994 nstration@prodigy.net
Swimming & Diving	August 12 Mike Rado /(248) 705-8756 mrado@bloomfield.org	Tennis	August 12	Greg Burks /(248) 563-3287 gtburks@comcast.net
Golf	August 12 Greg Normand /(248) 425-2849 gnormand7@att.net	Football (F)	August 12	Dan Loria /(586) 446-8450 dloria@bloomfield.org
Volleyball (F)	August 12 Patty Kopmeyer /(248) 730-1548 pkopmeyer@bloomfield.org			
Dames	August 12 Lindsey Scott /(248) 977-2233 lscott@bloomfield.org			
Sports Medicine	August 12 Jenna Perkins /(248) 561-2739 jperkins@bloomfield.org	Sports Medicine	August 12	Jenna Perkins /(248) 561-2739 jperkins@bloomfield.org

Winter Sports				
Women's			Men's	
Skiing	November 16 Mike Barry /(248) 341-6805 mbarry@bloomfield.org	Skiing	November 16	Mike Barry /(248) 341-6805 mbarry@bloomfield.org
Ice Hockey (AL)	November 2 Kurt Kruger /(248) 539-0967 Kkruger21@yahoo.com	Ice Hockey (AL)	November 2	Rick Reed /(810) 348-8411 shencopp@sbcglobal.net or rhenney@honigman.com TBD
Basketball	November 9 Jeff Rubin /(586) 823-8120 Rube32@aol.com	Wrestling	November 16	
Cheerleading	November 9 Nicole Smith /(586) 925-3661 nlsmith2@oakland.edu	Basketball (F)	November 16	Lorenzo Robertson /(248) 910-4237 coachrob@aol.com
Sports Medicine	November 2 Jenna Perkins /(248) 561-2739 jperkins@bloomfield.org	Swimming & Diving	November 23	Mike Rado /(248) 705-8756 mrado@bloomfield.org
		Sports Medicine	November 2	Jenna Perkins /(248) 561-2739 jperkins@bloomfield.org

Spring Sports				
Women's			Men's	
Softball	March 15	TBD	Baseball	March 15 Mike Babcock /(248) 763-3893 mrbabcock@oakland.edu
Lacrosse (AL)	March 15	Darsha McManus /(248)909-0772 darshmc@yahoo.com	Lacrosse (AL)	March 15 Wayne Jaeckle /(248) 229-5301 waynelax@aol.com
Track & Field	March 15	Nick Stration /(248) 722-9994 nstration@prodigy.net	Track & Field	March 15 Nick Stration /(248) 722-9994 nstration@prodigy.net
Tennis	March 15	Tim Lotz /(734) 657-5620 t_lotz@yahoo.com	Golf (F)	March 15 Jamie Kurth /(248) 341-5729 jkurth@bloomfield.org
Soccer	March 15	TBD		
Sports Medicine	March 15	Jenna Perkins /(248) 561-2739 jperkins@bloomfield.org	Sports Medicine	March 15 Jenna Perkins /(248) 561-2739 jperkins@bloomfield.org

(F) Separate teams for freshmen. (AL) Cooperative program between Andover and Lahser.

Please contact coaches directly for practice times, questions and locations.

Revised 9/9/09