

**Bloomfield Hills Lahser High School
 Boy's Track & Field
 - School Records -**

<u>Field Events</u>	<u>Name(s)</u>	<u>Distance/Height</u>	<u>Year</u>
High Jump	Chris Faison	6' 10"	2005
Long Jump	Brad Rogers	22' 6"	2005
Discus	John George	147' 3"	1989
Shot Put	Craig Meland	53' 5½"	1974
Pole Vault	John Kretschmer	15' 4"	1976

<u>Running Events</u>	<u>Name(s)</u>	<u>Time</u>	<u>Year</u>
3200m (4x800m) Relay	Kirill Zikanov, Doug Bosin, Bruce Kaczmarek and Mike Quick	8:00.59	2005
110m H. Hurdles	Tom Mahoney	14.4	1976
100m Dash	Richard Smith	10.63	1994
800m (4x200m) Relay	Bob Hahn, Roger Pickens, Chris Morgan and Mike Stamps TIE Mike Eby, John Palmer, Keith Kefgen and Kevin Munson	1:29.8 1:29.8	1978 1980
1600m Run	Rob Huff	4:16.3	1990
400m (4x100m) Relay	Larrin Robertson, Nate Terrell, Deshaun Rogers and Richard Smith	43.32	1994
400m Dash	Eric Reilly	49.5	2005
300m I.M. Hurdles	Shamir Lyles	39.6	2001
800m Run	Mike Quick	1:57.3	2006
200m Dash	Eric Reilly	22.1	2006
3200m Run	Mike Quick	9:20.40	2006
1600m (4x400m) Relay	Eric Reilly, Kirill Zikanov, Chris Bittner and Brad Rogers	3:22.7	2005
5000m Cross Country	Andrew Bauer	15:25.2	2001