

Bloomfield Hills Lahser High School
2008 Track & Field

Date: Friday, May 16, 2008
Meet: M.H.S.A.A. Regional (20-2)
Site: Bloomfield Hills Lahser H.S.
3456 Lahser Road
Bloomfield Hills, MI. 48302
248-341-5400

Participating

Schools:

Allen Park H.S.	Dearborn-Divine Child H.S.
Beverly Hills-Detroit Country Day H.S.	Farmington Hills-Harrison H.S.
Bloomfield Hills-Andover H.S.	Inkster H.S.
Bloomfield Hills-Cranbrook Kingswood H.S.	Melvindale H.S.
Bloomfield Hills-Lahser H.S.	Orchard Lake-St. Mary's Prep
Bloomfield Hills-Marian H.S.	Pontiac-Notre Dame Prep School
Dearborn Heights-Annapolis H.S.	Redford-Thurston H.S.
Dearborn Heights-Robichaud H.S.	Total Schools (15)

Time

Schedule:

2:30 p.m.	Coaches Meeting
3:00 p.m.	<u>Field Events</u> Girls: High Jump and Shot Put (Followed by Boys High Jump and Shot Put) Boys: Long Jump and Discus (Followed by Girls Long Jump and Discus)
4:00 p.m.	<u>Running Events - Preliminaries (Boys First)</u> 100m Dash 110m / 100m High Hurdles 200m Dash
5:00 p.m.	<u>Running Event - Final (Boys First)</u> 3200m Relay (4 x 800m)
5:30 p.m.	<u>Running Events - Semi-Finals (Boys First)</u> 100m Dash 110m / 100m High Hurdles 200m Dash
6:25 p.m.	National Anthem
6:30 p.m.	<u>Running Events Finals - (Boys First)</u> 110m / 100m High Hurdles 100m Dash 800m Relay (4 x 200m) 1600m Run 400m Relay (4 x 100m) 400m Dash 300m Intermediate / Low Hurdles 800m Run 200m Dash 3200m Run 1600m Relay (4 x 400m)